

# MENTAL HEALTH CONNECT

POWERED BY: AUSTIN BENEFITS GROUP

## EXCLUSIVE TO AUSTIN BENEFITS CLIENTS

*Struggling with mental health challenges can be overwhelming.  
Finding the right care shouldn't be.*

### What is Mental Health Connect?

**Mental Health Connect** offers confidential behavioral health navigation to help individuals find and connect with suitable mental health services covered by their insurance. For employers, we provide tools and support to enhance workplace well-being and productivity through tailored mental health solutions.

### How We Help

**Confidential Behavioral Health Navigators:** Our experts confidentially assess your needs, recommend suitable services, and connect you with vetted providers covered by your insurance.

**Employer Support:** We assist employers in prioritizing mental health by offering tools to support their team members', enhancing workplace culture and productivity.

### Services Offered

**Orientation Sessions:** Learn about our services tailored for your company's needs.

**Quick Response:** We respond promptly within 24 hours during business hours: (8:00am - 5:00pm) Monday - Friday. Contact 248-397-6433 or email [mhc@riversbendpc.com](mailto:mhc@riversbendpc.com).

**Immediate Support:** For urgent needs, we provide dedicated contact information. Please note, your call will be returned within 24 business hours.

### 3 Steps

#### ① Call Support to Schedule Intake Meeting:

We recommend trusted providers and ensure a smooth transition into care.

#### ② Initial Intake Meeting:

Understand your needs and determine appropriate level of care.

#### ③ Recommendations & Follow-Up:

We recommend trusted providers and ensure a smooth transition into care.

### Our Commitment

Partnering with River's Bend PC, we offer expert mental health care navigation and direct services to help you or your employees thrive. Local support for Michigan residents.



**AUSTIN BENEFITS**  
[WWW.AUSTINBENEFITS.COM](http://WWW.AUSTINBENEFITS.COM)



**RIVER'S  
BEND PC**  
[www.RiversBendPC.com](http://www.RiversBendPC.com)

*At Rivers Bend, we provide tailored behavioral health care and, if needed, will refer you to a trusted statewide partner for the appropriate level of care, ensuring a smooth transition while prioritizing your well-being.*